



# THE BLESSINGS OF BIBLICAL PARENTING

An introduction to the importance of grounding parenting in biblical principles

Session One

“Behold, children  
are a blessing from  
the Lord...” – Ps 127:3

“Train up a child in  
the way he should  
go, even when he is  
old he will not  
depart from it.” – Prov  
22:6

A NEW YORK TIMES BESTSELLER

"One of the premier experts on parenting, Dr. Leonard Sax brilliantly articulates the problems parents experience with their children, then gives solutions. . . . If you have time to read only one book this year, *read this one.*"

—MEG MEEKER, MD, bestselling author of *Strong Fathers, Strong Daughters* and *Strong Mothers, Strong Sons*

# THE COLLAPSE OF PARENTING

FULLY  
REVISED &  
UPDATED

LEONARD SAX,  
MD, PhD

HOW WE HURT OUR KIDS WHEN  
WE TREAT THEM LIKE GROWN-UPS

#1 NEW YORK TIMES BESTSELLER

# The Anxious Generation

How the Great Rewiring of  
Childhood Is Causing an Epidemic  
of Mental Illness

A  
WALL STREET  
JOURNAL  
TOP 10 BOOK  
of 2024

# Jonathan Haidt

Coauthor of *The Coddling of the American Mind*

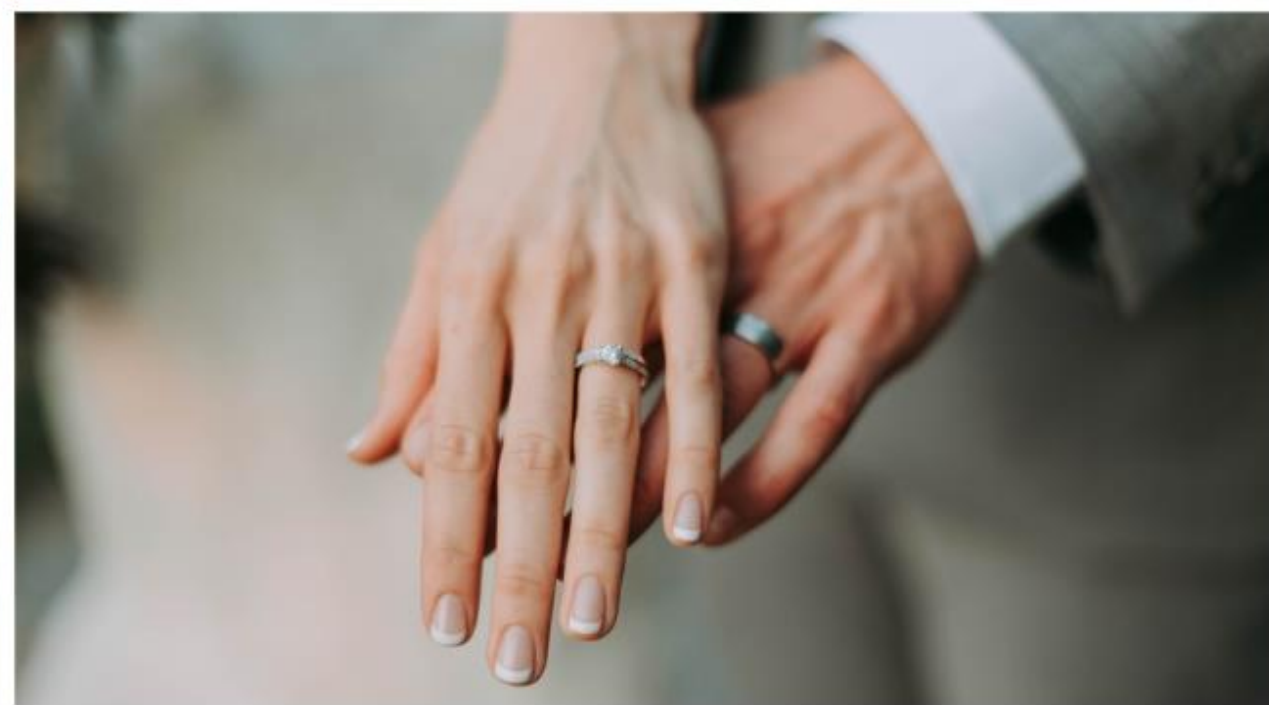


# THE BLESSINGS OF BIBLICAL PARENTING

An introduction to the importance of grounding parenting in biblical principles

Session One







SCHOOL BUS





Healthy  
Family

- Continual and consistent pointing to Christ (Mk 12:30)
- Parental direction & guidance (wisdom) (Deut 6)
- Constant exposure to local church (Heb 10:25)
- Intentional choices for education (Ja 1:5)

Healthy  
Marriage

- Love for Christ first – Spouse second (Phil 3:8)
- Yoked together (2 Cor 6:14)
- Same authority because of values, roles (Eph 5:22-31)
- Sexually fulfilled (I Cor 7:1-5, Song of Songs)

“For this reason a man shall leave his father and his mother, and be joined to his wife; and they shall become one flesh.” – Gen 2:24

“For this reason **a man** shall leave his father and his mother, and be joined **to his wife**; and they shall become one flesh.” – Gen 2:24

“For this reason a man shall leave his father and his mother, and **be joined to his wife**; and they shall become one flesh.” – Gen 2:24

“For this reason a man shall leave his father and his mother, and be joined to his wife; **and they shall become one flesh.**” – Gen 2:24

"How beautiful you are, my darling, how beautiful you are! Your eyes are like doves. How handsome you are, my beloved, And so pleasant!" – Song of Sol 1:15-16

"God blessed them; and God said to them, 'Be fruitful and multiply, and fill the earth, and subdue it...'" – Gen 1:28

"An excellent wife, who can find? For her worth is far above jewels. The heart of her husband trusts in her, and he will have no lack of gain." – Prov 30:10-11

# GOD'S PLAN FOR MARRIAGE &

## FAMILY

1. One Man/One Woman

a. Gen 2:24, Matt 19:5

2. Instructions

a. Husband - love wife sacrificially (Eph 5:25-31)

b. Husband – provide and protect (1 Tim 5:8)

# GOD'S PLAN FOR MARRIAGE & FAMILY

## 2. Instructions

- a. Husband - love wife sacrificially (Eph 5:25-31)
- b. Husband – provide and protect (1 Tim 5:8)
- c. Wife – respect husband's leading (Eph 5:23-24)



"As we read on (from Genesis), we find that marriage isn't the goal of human existence. It's not the mountaintop. It's not the destination. It's a signpost."

– Rebecca McLaughlin, PhD

# GOD'S PLAN FOR MARRIAGE & FAMILY

## 3. Children

a. Gen 1:28, Ps 127:3-5

## 4. Instructions

a. Parents – train children in the Lord (Deut 6:4-9)



# GOD'S PLAN FOR MARRIAGE &

"Listen, my son, to a **FAMILY** father's instructions"

"My son, do not forget **my teaching**"

"My son, pay attention **to what I say**"

"My son, keep your **father's commands**"

"Listen to **your father who fathered you**"

- Prov 1:8; 4:1, 20; 6:20; 23:22

# GOD'S PLAN FOR MARRIAGE & FAMILY

## 3. Children

a. Gen 1:28, Ps 127:3-5

## 4. Instructions

a. Parents – train children in the Lord (Deut 6:4-9)

b. Children – obey and honor parents (Eph 6:1-3)

# GOD'S PLAN FOR MARRIAGE &

"Listen, my son, to a **FAMILY** father's instructions"

"My son, do not forget **my teaching"**

"My son, pay attention **to what I say"**

"My son, keep your **father's commands"**

"Listen to **your father who fathered you"**

- Prov 1:8; 4:1, 20; 6:20; 23:22

A NEW YORK TIMES BESTSELLER

“One of the premier experts on parenting, Dr. Leonard Sax brilliantly articulates the problems parents experience with their children, then gives solutions. . . . If you have time to read only one book this year, *read this one.*”

—MEG MEEKER, MD, bestselling author of  
*Strong Fathers, Strong Daughters* and *Strong Mothers, Strong Sons*

# THE COLLAPSE OF PARENTING

FULLY  
REVISED &  
UPDATED

LEONARD SAX,  
MD, PhD

HOW WE HURT OUR KIDS WHEN  
WE TREAT THEM LIKE GROWN-UPS

# CHANGE IN CULTURE PARENTAL AUTHORITY

A NEW YORK TIMES BESTSELLER

“One of the premier experts on parenting, Dr. Leonard Sax brilliantly articulates the problems parents experience with their children, then gives solutions. . . . If you have time to read only one book this year, *read this one.*”

—MEG MEEKER, MD, bestselling author of  
*Strong Fathers, Strong Daughters* and *Strong Mothers, Strong Sons*

# THE COLLAPSE OF PARENTING

FULLY  
REVISED &  
UPDATED

LEONARD SAX,  
MD, PhD

HOW WE HURT OUR KIDS WHEN  
WE TREAT THEM LIKE GROWN-UPS

# ENCULTURATION

A NEW YORK TIMES BESTSELLER

“One of the premier experts on parenting, Dr. Leonard Sax brilliantly articulates the problems parents experience with their children, then gives solutions. . . . If you have time to read only one book this year, *read this one.*”

—MEG MEEKER, MD, bestselling author of  
*Strong Fathers, Strong Daughters* and *Strong Mothers, Strong Sons*

# THE COLLAPSE OF PARENTING

FULLY  
REVISED &  
UPDATED

LEONARD SAX,  
MD, PhD

HOW WE HURT OUR KIDS WHEN  
WE TREAT THEM LIKE GROWN-UPS

# PARENT-CHILD RELATIONSHIP VS CHILD-PEER RELATIONSHIP

A NEW YORK TIMES BESTSELLER

“One of the premier experts on parenting, Dr. Leonard Sax brilliantly articulates the problems parents experience with their children, then gives solutions. . . . If you have time to read only one book this year, *read this one.*”

—MEG MEEKER, MD, bestselling author of

*Strong Fathers, Strong Daughters* and *Strong Mothers, Strong Sons*

# THE COLLAPSE OF PARENTING

FULLY  
REVISED &  
UPDATED

LEONARD SAX,  
MD, PhD

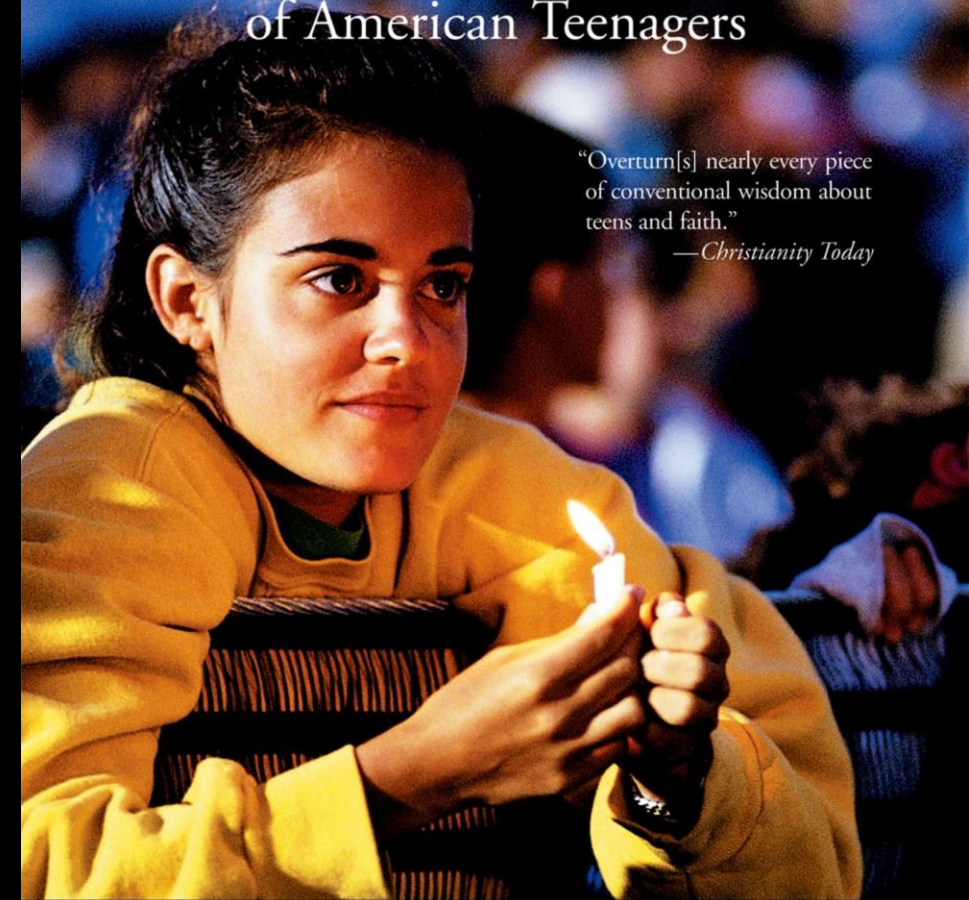
HOW WE HURT OUR KIDS WHEN  
WE TREAT THEM LIKE GROWN-UPS

“Strong parental authority means that parents matter, and the parents’ culture matters, more than the same-age peers and the culture of the same-age peers.”

Parental influence is  
“the single most  
important social  
influence on the  
religious and spiritual  
lives of adolescents.”

# SOUL SEARCHING

The Religious and Spiritual Lives  
of American Teenagers



“Overturn[s] nearly every piece  
of conventional wisdom about  
teens and faith.”

—*Christianity Today*

Christian Smith  
with Melinda Lundquist Denton

# **GOD'S PLAN FOR MARRIAGE & FAMILY**

1. Marriage
2. Instructions for Spouses
3. Children
4. Instructions for Parents & Children
5. Repeat Steps 1-4

Healthy  
Family

- Continual and consistent pointing to Christ (Mk 12:30)
- Parental direction & guidance (wisdom) (Deut 6)
- Constant exposure to local church (Heb 10:25)
- Intentional choices for education (Ja 1:5)

Healthy  
Marriage

- Love for Christ first – Spouse second (Phil 3:8)
- Yoked together (2 Cor 6:14)
- Same authority because of values, roles (Eph 5:22-31)
- Sexually fulfilled (1 Cor 7:1-5, Song of Songs)

Healthy  
People

- Growing in Jesus (Matt 6:33)
- Growing in fellowship & serving (Phil 2:3)
- Growing in understanding gifts, passions, talents (1 Cor 12)
- Gaining strong same-sex friendships (Prov 27:17)

“Behold, children  
are a blessing from  
the Lord...” – Ps 127:3

“Train up a child in  
the way he should  
go, even when he is  
old he will not  
depart from it.” – Prov  
22:6

Legacy



Now



Both



Faith

# PARENT UNIVERSITY SESSIONS

Monday, May 5<sup>th</sup>, 6:00 PM

**Teen Sanctification**

Saturday, June 14<sup>th</sup>, 9:00 AM

**Kids and Culture**

Tuesday, July 22<sup>nd</sup>, 6:30 PM

**\*Intentionally TBD!**

Charmain T./Sarah S.

**Wives/Mothers (Chapel)**

Dan J./Robin R.

**Husbands/Fathers (F4)**

Troy T./Kim T.

**Discipline (Auditorium Lobby)**

Greg T./Jen T.

**Blended Families (H14)**



# THE BLESSINGS OF BIBLICAL PARENTING

An introduction to the importance of grounding parenting in biblical principles

Session One